





# **CORONA RULES**

**COVID-19 SELF-DECLARATION FORM** 

For the journey to the event, each participant will receive a confirmation of participation in this sporting event by email.

At the moment, all participants on the Registration require a negative corona test (PCR or rapid test) that is not older than 72 hours, or a vaccination confirmation. As the organizer, we will also provide free tests. Furthermore, all legal requirements for pandemic containment apply at the event, which are specified by the Autonomous Province of Bolzano at this point in time.

The undersigned	Registered F.I.Raft n or ID number.
CERTIFY	
or to have read, understood and unconditionally accepted the pr	escriptions set out in the coronavirus emergency behavior
o not being subjected to the quarantine measure, having tested	negative at the present time for COVID-19;
or not having had symptoms referable to Covid-19 infection including body temperature higher than 37.5, cough, asthenia, myalgia, diarrhea. anosmia, ageusia in the last few weeks;	
o not having had contact with people who have been affected by	oronavirus (family members, workplace, etc.);
o not to be subjected to health surveillance and quarantine;	
o to have read the Application Protocol of the measures to comb comply with the provisions of the Regulations of the structure.	oat and contain the spread of COVID-19 and to undertake to
In faith,	
Signature Date	
If under the age of 18, the parent / guardian exercising parental	responsibility / guardianship over the minor
Signature Date	
Note:	
a) A copy of this letter must be sent to the organisation to which	it belongs
Privacy disclaimer	
In relation to what I have declared, aware of the penal sanctions documents (Article 76 of Presidential Decree 445/2000), I acknowight to control and verification of the veracity to their content.	
The undersigned also declares to have been informed about the Regulation.	collection of personal data pursuant to Article 13 of the EU
Signature Date	_
If under the age of 18, the parent / guardian exercising parental	responsibility / guardianship over the minor
Signature Date	_







#### **DISCLAIMER**

Please read the disclaimer carefully and sign (click I agree and understand in online registration form) if you fully understand the Safety Statement/ rules of the King of the Alps event and the disclaimer as laid out below.

- I, who processes this registration form in consideration of and as a condition of acceptance of my entry in this event/ program, for myself, my heirs, executors and administrators, hereby waive all and any claim, right or cause of action which I or they might otherwise have for or arising out of loss of my life or injury, damage or loss or any description whatsoever which I may suffer or sustain in the course of or consequent upon my entry or participation in the King of the Alps event. I will abide by the King of the Alps safety statement and rules.
- This waiver, release and discharge shall be and operate separately in favor of the King of the Alps organizers, rescuers, safety boaters, land owners, sponsors and all persons, corporation and bodies involved or otherwise engaged in promotion or staging of the event and the servants, agents, representatives and officers of any of them.
- I recognize the physical risks associated with this event and declare that I am physically fit to compete safely in this event, and that I have not been advised otherwise by a qualified medical person.
- I recognize the inherent risks associated with whitewater kayaking and I declare that I am sufficiently skilled to compete safely in this event, and that I have not been advised otherwise by a qualified kayak instructor.
- I hereby acknowledge that I have sole responsibility for my personal possessions and athletic equipment during the event and related activities.
- I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the event.
- I hereby acknowledge that I have sole responsibility for the costs associated with my transportation, in the case of an injury or accident.
- I hereby acknowledge that I have disclosed all information regarding any current or previous medical conditions which will be asked for at registration on the event days and have read the safety statement in full and understand the said rules.
- By registering online I recognize that this amounts to an acceptance of this disclaimer equal to that of my own personal signature.
- If I am under the age of 18 on the dates of this event a parent/guardian must sign this form and it must be displayed to the event organizers before I can compete.

# **RACE BOATS**

### K1/C1

Only mass-produced PE plastic whitewater **Boat K1/C1** of serial production with a maximum length of 275cm and minimum weight of 18kg will be allowed to race. All kayaks must have a middle pillar in foam or plastic in the front and min. 2 Airbags in the Boat. No constructional changes that could impact the safety standards (e.g.handles, full plate footrests and pillars must not be removed!) Race Controllers reserve the right to refuse certain types of kayaks from being used. Please ensure.

#### OC1:

Only mass-produced **open canoes** of serial production with a maximum length of 300cm will be allowed to race (they must be "open" and not a decked C1). Air bags or block foam wedges are obligatory. Race Controllers reserve the right to refuse certain types of open boats from being used. Please ensure;

- Open canoes must have a swim line attached to the boat and have suitable flotation with airbags or foam wedges.
- Electrical pumps are prohibited!

# **SAFETY STATEMENT**

# General info:

- Competitors/rescuers are required to wear an ICU approved helmet and Buoyancy Aid as well as sufficient protection against the cold e.g. a dry or neoprene suit.
- Safety teams will be required to have between them: A mobile phone, a first aid kit, a pin kit. This is the safety leaders'
  responsibility in addition a throw bag, knife and whistle for each member of the rescue team.
- Race controllers reserve the right to prevent racers competing if they do not satisfy basic requirements or equipment provisions.
- Head-to-head race / Team Race (location Moos). Overall winner will be crowned King of the Alps. Afterwards a fun event will follow.
- First Aid: There will be an Ambulance present on the race course
- Competitors must obey rescuers.
- The primary aim of the safety teams is not gear recovery. It is the extraction of the swimmers from the water.
- A sweep of the river after each group will take place from the footbridge down.
- Queries: Email info@king-alps.com







### **RIVER and RACECOURSE**

As organiser of King of the Alps we wanted to provide an honest description of the race course so people can properly assess their own capabilities before registering for the event.

MARATHON Quellenhof- Football camp Rifiano

River Grade III-IV based on normal water levels for time of year.

Higher water level will push it up to grade IV-IV+

Distance 8km

Time approx. 30 min depending on personal capabilities and water levels

Water Temperature 12°C

River Description.

The start of the race heads straight into a grade IV rapid, it is a mass start i.e. expect to be going down it with 120 people. The river is continuous with lots of rocks and stoppers, throughout the course there are grade III and IV sections.

#### **Athlete**

We expect athletes to be competent and experienced on grade IV water, with a very confident eskimo roll or self rescuing techniques for OC1. You will be doing all of the above under race conditions and expect to be tired and out of breath. If you do get separated from the other paddlers you will need to lead yourself down the river.

We would strongly recommend that all athletes run the course a minimum of 2 times before the day of the race to familiarize yourself with the lines.

# There are 4 start groups

Start 1\_ K1/C1 Senior Men Start 2\_ K1 Juniors/ Masters Start 3\_ K1 All K1 Women Start 4\_OC1 and Packraft R1

**SPRINT FINAL** Moos in Passier

# Top 5 from the marathon, K1/C1 Senior men

Top 5 from the marathon. K1/C1 Senior woman - There must be a minimum of 3 athletes in the category to compete in the final. If there are not enough woman to run the final course the queen of the alps will go to the winner of the marathon race)

River Grade V+
Distance 500m
Time approx. 2min 30secs

Water Temperature 10°

# **River Description**

Continuous section of grade V+ with 1 artificial drop, tight,technical,fast with large holes, a limited amount of eddies and a waterfall merging on one side.

# **Athlete**

Only athletes that are competent on class 5+ water with exceptional whitewater skills, experience and knowledge. Pre-course training is obligatory.

if you qualify for the final but you do not want to start in the final, please communicate this to the race Director. Thus the next athlete moves up on the final start list.

For your own safety please be realistic when assessing your own personal paddling ability. If any of the organisers are in doubt over a athletes personal competence we have the right to withdraw you from the competition

Signed for page 2-3:	Moos 03.06.2022
for under 18 Parent/Guardian Signed for page 2-3:	Moos 03.06.2022

<sup>\*</sup> Male Masters who wish to participate in the final must register as a Senior, so that they are in the same start group as the other Senior men.